SUNSHINE HOUSE PRESCHOOL 109 East Park Avenue Edgewater, Fl. 32132

LUNCH POLICY

I understand that <u>Sunshine House Preschool</u> does not prepare food and that I must provide a nutritious lunch for my child.

Per new DCF regulations, all children will have an insulated lunch box with an ice pack to keep food safe.

Lunches must meet nutritional guidelines set by the USDA. We recommend that you use the new "My Plate" as a guide to ensure that your child is eating a healthy and nutritious meal.



My child has the following

| dietary restrictions or food allergies: | |
|---|--|
| Child's Name: | |
| Parent's Signature: Date: | |